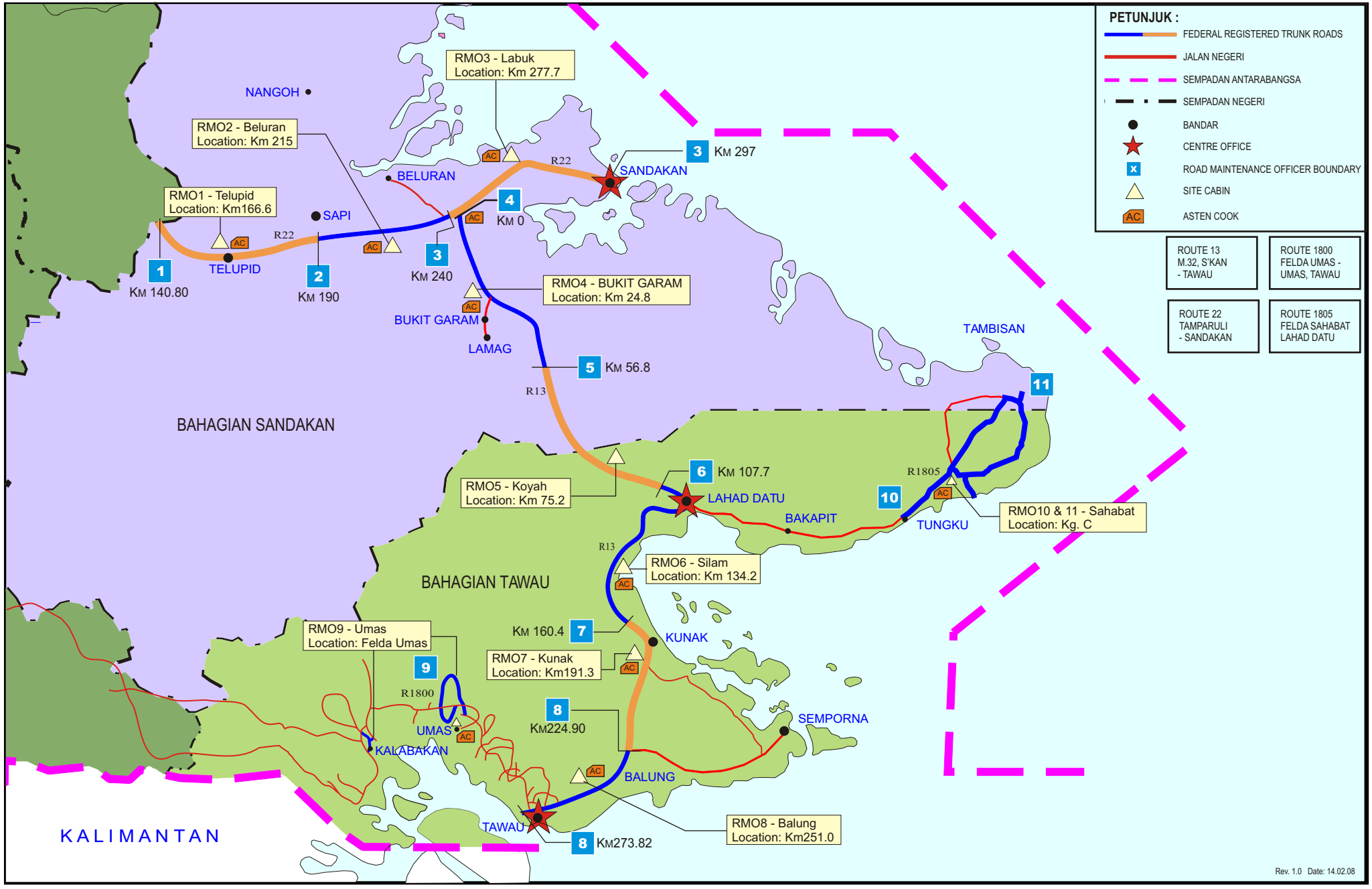EAST COAST S A B A H